

OH BABY!

Making room for those nappies.

With the red lidded general waste bins being collected fortnightly, here are some tips for dealing with disposable nappies.



Using cloth nappies can cut your household waste generation by 50%.

When we say cloth nappies, old fashioned terry cloth square nappies probably spring to mind. Well those days are gone! They are now made from modern materials such as naturally antibacterial bamboo cotton, and micro fleece which not only keeps baby's skin dry, but is stain resistant too.

It's very easy to get caught up in all the reasons why families shouldn't use cloth nappies, but have you

considered the real benefits of using 'modern cloth nappies' to both your family and the environment?

ENVIRONMENTAL BENEFITS

Every disposable nappy ever put in the red lidded general waste bin still exists today as they take centuries to break down.

While there are compostable nappies on the market, the current organics composting service does not accept ANY nappies, so they all must be disposed of in the red lidded general waste bin.

Disposable nappies not only generate 60 times more waste than modern cloth nappies, they also use:

- large volumes of water and energy during production
- eight times more non-renewable raw materials (plastics and crude oil)
- 90 times more renewable materials (paper pulp) than modern cloth nappies¹.

¹ Nest Nappies <http://www.nestnappies.com.au/why-cloth.html>

GENERAL WASTE

TIPS TO REDUCE ODOUR

Suggestions that can help reduce the smell from nappies being in the red lidded general waste bin include:

- ✓ Wrap the nappy into itself using the tabs.
- ✓ Seal nappies tightly in plastic bags (we suggest double bagging or scented bags) before placing in the red lidded general waste bin.
- ✓ Store the red lidded general waste bin in the shade and out of direct sunlight if possible.
- ✓ Make sure your red lidded general waste bin lid closes properly and there are no cracks in the bin sides. If your bin is broken or cracked, contact your local council.
- ✓ Consider using odour neutralizing products in your bin, including cat litter, crystals or bicarbonate of soda.

HEALTH BENEFITS

Modern cloth nappies have a range of health benefits for your child when compared to disposable nappies.

- They reduce your child's exposure to harsh chemicals such as chlorine and synthetic perfumes.
- They reduce skin irritation such as heat rash which is linked to the poor air circulation and plastics used in disposable nappies¹.

ECONOMIC BENEFITS

Modern cloth nappies may seem expensive at first, but when compared to the cost of disposable nappies per child, they come out in front.

- Most families will only need to buy 24-30 cloth nappies which can be used for more than one child.
- An average child goes through over 5,500 nappies before being toilet trained, cloth nappies can save over \$2,000 per child¹.
- All Halve Waste council residents can apply for a rebate on reusable cloth nappy and sanitary products see our website for full details and to apply.

To find out more call your council or visit our website halvewaste.com.au