



CULCAIRN OASIS

CULCAIRN & DISTRICT NEWSLETTER
JULY 2024



KERYN MARSHALL WINNER MAVIS GARDINER SCHOLARSHIP 2024



I would like to thank the Culcairn LHAC and Mavis Gardiner for the honour of being awarded the 2024 scholarship.

I was born and bred in Wollongong, NSW and have been living in the Riverina area for the past 7 years now

and enjoy being in rural towns. I am a proud mum of 2 children, one of which is graduating from our local high school this year. I am also the owner of 2 very spoilt fur babies. I have worked in many different industries including childcare and security prior to wanting to give back to people through nursing.

I have been working in the nursing industry since 2019, working my way up from Community Nursing, caring for people in their homes, to now working in our fabulous Culcairn Hospital since February 2023. I chose to upskill this year, beginning my studies to become an Enrolled Nurse so I can do more for our local community as well as our RAC family.

This scholarship will give me the means to do so and in return be able to give back knowledge to make a difference in the lives of all that require support and assistance. I am looking forward to being proactive within the Culcairn and surrounds community for a long time to come and again thank you LHAC for this opportunity, it is very much appreciated. Kind regards, Keryn Marshall

CULCAIRN PONY CLUB



Culcairn Pony Club is located at the show grounds in Culcairn. We have our own club house and facilities with sand arena, cross country course and fenced in show jumping and riding area. We have rallies at our grounds every 1st and 3rd Sundays of each month weather permitting and rider availability from

February to 1st December each year.

We currently have 10 riding members who all enjoy rally days, going to gymkhanas and competitions around the area. If you would like to join pony club all you have to do is pay a membership fee. It is open to riders from 4 years to 80 year olds.

You must have your own horse and riding gear. Helmets and boots must be worn while riding. If you would like to have some fun in a relaxed environment then feel free to get in touch with our secretary Shae-lee on 0431011213.



DELICIOUS NEW WINTER MEALS

Our WINTER menu is now out, and we have added some new winter warmers. Some of the new meals include a Chicken Casserole with Baked Potato, Honey Pork and Pineapple and what about a Double

Chocolate Pudding! Yum!! Our menu contains over 100 different items for YOU to choose from. Now the weather is colder, maybe you would like to try soup? We have Tomato, Chicken & Corn, Chicken Noodle, Pea & Ham, Beef & vegetable, Creamy Pumpkin, Chicken & Vegetable, Leek & Potato or Minestrone. We have a range of smaller meals as well as a large selection of desserts available.

For Commonwealth Home Support clients, meal cost starts at \$3.00 for a soup, \$5.70 for petite meals and large meals start at \$7.00.

We don't have the big budget advertising BUT did you know HOME CARE clients are eligible for further subsidies on their meals from any Meals on Wheels Provider? Up to 70% can be discounted off the menu price and charged to your package. Speak to you Home Care provider isf you wish to take advantage of this service. YOUR package, YOUR choice!

Clients eligible for My Aged Care services can also choose to receive bread rolls for no additional cost, thanks to the generous sponsorship of Holbrook Bakery.

If you having any questions or would like more information please call us on (02) 6036 3677.



CULCAIRN OASIS POLICY STATEMENT

This newsletter is for the purpose of disseminating information and articles free of charge for the benefit of the public. This information is not a substitute for professional advice and is not intended to be used as such. The editors do not accept any liability for any loss or damage incurred by use of or reliance on such information. The editors of Culcairn Oasis make every effort to ensure the quality of the information. However, the Culcairn Oasis cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency or completeness of information. **It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.**

DEADLINE

Next deadline—12pm Tues 6th August 2024

Folding Date—Fri 9th August 2024 at 1pm

Delivery Date—Wed 14th August 2024

We prefer articles and advertising to be emailed to: culcairnoasis@outlook.com or phone 02 6029 8291 for more information.

ADVERTISING SIZES	CHARGES
<i>Per issue</i>	
Classified 1/16 page	\$11.00
1/8 page	\$22.00
¼ page	\$44.00
½ page (check for availability)	\$88.00
Full page (check for availability)	\$176.00
Flyer insert (excluding printing)	\$100.00
Pay for 5 ads get 1 free, pay for 10 get 2 free	

If you are a new advertiser, email us for information & a booking form.

LOCAL TRANSPORT MADE EASY

Available to all residents for medical appointments, local shopping, social or other purposes in Culcairn. For more information or bookings call David Gilmore 02 6029 8291 or Jan Scheuner 0488 212 905. P.S. If anyone else would like to volunteer their services please contact David or Jan.

OASIS NOT IN YOUR LETTERBOX?

If you have not received the Oasis in your letterbox, copies have been left at the following locations in Culcairn - Council Office, Foodworks and Feed the Soul Coffee Shop. You can also access the Oasis online at <https://www.greaterhume.nsw.gov.au/Newsroom/Culcairn-Oasis>

Please note this publication is available online at
www.culcairn.nsw.au
www.greaterhume.nsw.gov.au

HEALTH SERVICES AVAILABLE AT CULCAIRN

- **Sarkon Clinic**—open Tuesday/Wednesday 8.30am – 4.30pm. Ph: 6048 6112 Mon-Fri for appointment.
- **Antenatal Clinic**—Dr Pria open Tuesdays/ minor procedures. Ph: 6048 6122

Services available at Culcairn Medical Practice

Ph: 6066 5700 Mon to Fri for appointments

23 Balfour St, Culcairn, Open Monday and Thursday each week, plus the 1st and 3rd Friday of each month. Opening hours are 9.00am to 5.00pm. Dr Bond provides a full range of services and all Vaccinations are available.

- **Pathology**—Monday and Thursday 8.30am to 12pm. Ph: 6066 5700
- **Dietician**—Ph: 6066 5700 for appointment
- **Diabetes Educator**—Ph: 6066 5700 for an appointment
- **Physiotherapist**— Claire Lawson Ph: 0424 721648
- **Podiatry**—Monday (every 4th week). Ph: 6021 3338
- **Speech Pathology**—Ph: 6066 5700 for an appointment

Services available at Culcairn Hospital Ph: 60446100

- **Radiology**—Tuesday, 9.30am to 2pm
- **Pathology**—Wednesday, 8am to 12pm
- **Community Health Nurse**—Monday to Thursday
- **Child & Family Health Nurse**—provides Childhood & School immunisations & health check-ups every Monday, Tuesday & Wednesday
- **Adolescent Counselling**—as per local need
- **Relationships Australia**—as per local need, Ph. 6923 9119
- **Women's Health Clinic**—last Thursday of the month, Ph. 6058 1800
- **Clinical Audiologist** (Hearing Australia) - bi-monthly, by appointment, Ph. 13 44 32
- **Drug & Alcohol service**—onsite once per week and via Telehealth appointment on a needs basis
- **MHECS Mental Health Clinician**—as per local need

FISCHER COMMUNITY LEADSHIP PROGRAM

Applications Now Open

The Fischer Community Leadership Program will be running again later this year, with applications opening in early July.

Greater Hume – Walla Walla Workshop:

Walla Walla, Walla Walla Recreation Facility at the Sportsground - Friday 30th August and Friday 6th September

- Zoom sessions: 7pm - Monday 23rd Sept and Monday 30th Sept

Federation – Urana Workshop:

Urana, Waterfront Pavilion

- Friday 13th September and Friday 20th September
- Zoom sessions: 7pm - Monday 30th Sept and Tues 8th Oct



The poster features the Fischer Community Leadership logo at the top left, with a background image of a tree. The main title is 'Fischer Community Leadership Program'. Below it, a list of topics includes: 'Learn leadership skills | Workshop your idea for your community club, group or project | Understand how to write a successful grant application | Hear from local leaders | Explore community engagement + more'. It lists dates for Greater Hume Council (Walla Walla: Friday 30 August & Friday 6 September 2024; Online sessions: 7pm - Monday 23rd Sept and Monday 30th Sept) and Federation Council (Urana: Friday 13 & Friday 20 September 2024; Online sessions: 7pm, Monday 30th Sept and Tuesday 8th Oct). A website link 'Apply now: www.fischerleadership.com.au' is provided. Logos for Federation Council, Alpine Valley Community Leaders, NSW, TRUST, and Greater Hume Council are at the bottom.

HENTY CULCAIRN PROBUS

Henty-Culcairn Probus Club met at Henty 12th June 2024.

Steve Colley was our five minute speaker. He told us of his younger years and of his widowed mother growing orchids and farming rabbits for fur and meat, and himself learning about mining opals at White Cliffs.

We thanked Steve for sharing his story and Warren presented our token of gratitude, the Probus pen. Yvonne told us of 959 beanies on display at the Henty Art Gallery, with more still arriving which will go to Sydney and the Seafarers Mission with our speaker after the August meeting. Our main speaker was Stephen Draper, recent member of our Probus Club who as a young person had learned saxophone and mouth organ. Members of his family had been involved in Trewallers dance band.

Steve had joined the junior band at Wodonga Citizens band, playing drums, cornet and trombone. Steve joined the Army Apprentices School at Belcombe and showed us his skill with a bassoon. Also he showed us the plant in Henty that can be used to make a reed for the instrument.

We have now learned that there is a type of circular breathing required to play the bassoon and the sound is deep, a little like a European version of the Australian didgeridoo.

We learned that the German company Henkel, has a waiting time of four years and cost in the region of A\$90,000 is possible per instrument.

We were delighted to hear the beautiful tunes and the places that Steve had played, including Auckland show, the bicentennial celebrations and for the guards changing ceremony at Buckingham Palace.

We have learned words and actions to “Home Among the Gum Trees” and have been shown how pieces of coloured plastic tubing can play “Three Blind Mice”.

After Neil Parker presented Steve with our Probus pen, Steve joined our pianist Joyce to play the Probus song, very special to us all.

Our next meeting is Wednesday 10th July, 9.30 for 10.00am at Henty Library, where we are hoping for a guided tour of the rejuvenated library and some Australian films from the archives. Lunch of fish and chips will be delivered. We love to have guests and hope you can join us too.



The poster features the slogan 'Committed to our region.' in a green box. Below it is the logo for Justin Clancy MP, Member of Parliament for the region. A photo of Justin Clancy is on the right. Social media icons for Facebook and Twitter are visible. At the bottom, it says 'Authorised by Justin Clancy, Federal and State Parliamentary Representatives, 22/6/21 2442 | justin.clancy@parliament.gov.au'.

CULCAIRN MULTIPURPOSE SERVICE (MPS) **Fun, fitness and friendship at the gym project**



Kathryn and Matt receiving our award!

Last Friday evening, Culcairn MPS were announced winners of the ENRICHING CONSUMER EXPERIENCE AWARD 2024 at the annual Murrumbidgee Local Health District Excellence Awards for our quality project Fun, fitness and friendship at the gym. This award is presented in recognition of a team or service nominated for listening and responding to the needs of our consumers through consumer-focused care and experience.

At Culcairn MPS, Aged Care and NDIS Residents embarked on a journey of self-improvement by joining the local community gym. Each resident has worked one-on-one with gym owner and Personal Trainer Matt, to develop a personalised exercise plan that aligns with their wellness goals. At the request of the Residents, mobile training

sessions have also been set up in the MPS courtyard, and an indoor area has been repurposed into a permanent home gym.

As well as improving their physical wellbeing, significant improvements have been noted in the emotional wellbeing of the residents involved in the program. Friendships are being strengthened and Residents are more confident to speak up and have a say in their care.



Brian and Les

It is great honour for our team to be recognised and showcases the person-centred care that we provide on a daily basis. Special recognition to Allied Health Assistant Les Louttit for her collaborative and person-led approach and to Matt Rodwell, owner of Basecamp Strength and Fitness Gym located in the main street of Culcairn.

This project is directly improving the lives of our residents, not just by empowering them to take control of their physical health, but also through providing social outings and strengthening friendships. Our team are also witnessing some healthy competition between our MPS Residents!

Our team would love to welcome local volunteers along for our gym visits, or even to sit and chat with our Residents- we all love a chat! Give our friendly Admin team a call on (02) 6044 6100 if you are interested. *Kathryn Walters Facility Manager, Culcairn MPS*



Georgie working hard



Reg enjoying himself

WE WANT YOUR ARTICLES

We greatly appreciate all those who make contributions to the Oasis, please keep them coming. In addition we would like to encourage material from as many people and community groups as possible. This will help make the Oasis a more informative and interesting read. We will readily expand from 8 to 12 pages if more material is forthcoming. If you have held an event, please send us a report with photos or let us help to promote an upcoming event. Any item that you think might be of interest is welcome. The deadline for each issue is the 1st Tuesday of each month. Please email your item to culcairnoasis@outlook.com.

SERVICE YOUR GAS HEATER WITH TONKIN

WARM + SAFE THIS WINTER

(02) 6040 1797
tonkingroup.com.au



MINI EARTHWORKS

Tree Stump Removal

Rotary Hoe

Yard Levelling

Landscaping

Post Holes

Trenching



If you want to dig it, pipe it, pump it or fix it – we can do it!

Mobile: 0403 191 780
www.blueysplumbin.com.au



A HEART FOR GOD & PEOPLE

Sunday 10AM Service

Ps Nat & Amanda Stroh

37-39 Henty St Culcairn (Carpark via Munro St)

Ph 0418654416

Australian Christian Churches

- Kids Church programs Ages K-Yr 2 & Yr 3-6
 - Young Living Youth Yr 7-12 - Fridays 6:30-8:30pm
 - Little Living Playspace 0-5yrs - Tues 9:30-11:30am
- stay up to date on Facebook and Instagram



Every Tuesday during the school term 9:30am-11:30am

0-5yrs

37-39 Henty St Culcairn
Parking via Munro Street

Morning tea provided

Ph Amanda Stroh 0420363059

IN YOUR GARDEN—JULY/AUGUST

Finally, we have had some welcome rain, great for crops, pastures and our gardens. It has been very dry and cold, so not good for growth. Winter vegies should be moving along nicely by now as it will be time to harvest broccoli and cauliflower soon. The season can be prolonged by staggered plantings. Fertilize now with soluble fertilizer.

Plant frost tolerant vegies now - cabbages, spinach, leek, asparagus and rhubarb.

Citrus Leaf Gall on orange and lemon trees appears as lumpy growth on branches. This problem can only be solved by pruning of the effected part. Wait until after frosts to plant new trees.

Have you pruned your roses yet? – there is still time to do it now. Cut out any dead wood, shorten longer branches back to an outward facing bud and aim for a vase shape. Roses are tough, so don't be afraid to prune hard. Bare rooted roses are available to purchase and plant now, these will reward you with springtime flowers.

Daphne - in both pink and white, have a beautiful perfume. They will grow well in large pots.

Indoor plants - check moisture levels and don't overwater in the winter. Wipe leaves with a damp cloth to clean and make sure plants are not close to heaters or windows.

Dwarf fruit trees are a great solution for people with limited garden space.

Trees with multi fruit varieties ie. apples - Granny Smith, Ballerina and Roma can be grown in large tubs or pots. Strawberries can be planted at the end of August; they require a position in full sun, 30-40 cm apart, in the garden or in pots. Even an old wheelbarrow works well. Water with a Potassium fertilizer as this encourages flowering and fruit set.

Hydrangeas can be pruned now. Cut back to two sets of fat buds on those stems that flowered earlier in the year. Put cuttings in potting mix and grow yourself some more plants or give them to friends.



Winter scale on shrubs including Magnolias and Camellias can be sprayed with eco-oil or try putting coffee grounds onto the soil around the plant. Spraying foliage with a coffee solution also helps and slugs and snails don't like coffee either! Prepare your Garden, Spring is coming! Margaret Pumpa

RESCURRECTING RAND GOLF COURSE



Rand Golf Club, a small volunteer club established in the 1920s, went into recess just over 2 years ago. With lots

of enthusiasm and heart, a group of golf tragics have come together to get the course and clubhouse cleaned up and open for business. Local business Lawson Grains the first (we hope) of many sponsors has been a generous supporter of the project. In 8 weeks, the course has gone from an overgrown sheep paddock to the beginnings of a golf course.

Volunteers using their own mowers, tractors, etc have been working tirelessly on the course whenever they have the time. Weekend working bees have been organised and will continue until the end of July when we hope to host an 18 hole tournament. The Rand golf course has been an important part of the community in the past and it will be again.

The Cauldron Takeaway

Railway Parade Culcairn

02 60297392

Open 7 Days

Sunday to Thursday 11am to 7.30pm

Pizza Nights Friday & Saturdays 11am to 8pm

(Staff my close early on very slow nights)

Beef Burgers	Snity Burgers
Steak Sandwiches	Chips
Loaded Fries	Deserts
Muffins	Cold Drinks
Chocolates	Lollies
Sandwiches	Battered Fish
Coffee & Tea	Icecreams
Pineapple Fritters	Vegi Burger

Our full menu is on our Facebook page. Look out for our specials, and new items to our menu, as well any change of hours.

JOIN US AT GREATER HUME LIBRARIES
IN THE SCHOOL HOLIDAYS AND

COLOUR YOUR OWN BACKPACK



Holbrook Library - Thursday 11 July @ 11am

Jindera Library - Friday 12 July @ 11.30am

Culcairn Library - Tuesday 16 July @ 11am

Henty Library - Wednesday 17 July @ 2pm



Bookings essential
Please call 02 6036 0100



Phone | 02 6036 0100



Greater
Hume
Council

Albury Wodonga Pest Control



Andrew & Michelle Fagan
For all your Pest Control needs:

Termite Inspections and Treatments, Pre Purchase Inspections, Thermal Camera, General Pests, Rodents, Cockroaches and the list goes on.....

Give us a call and I am sure we can help.
Office: 60296128 or Andrew: 0412 774450

We're coming
to your community



Our Mobile Service Centre is coming to
Culcairn
Wednesday July 17th
9am - 3pm

Bringing NSW Government services to you.

Call 13 77 88 or visit service.nsw.gov.au
to check our latest timetable.

Severe weather may mean our timetable has to
change at short notice, we strongly recommend
you check on the day.

Find us at:
The Coach Station
Railway Parade



Halve Waste
reduce • reuse • recycle

Which bin does your disposable coffee cup go in? The lid goes in the yellow lidded recycling bin and the cup goes in the red lidded general waste bin which is destined for landfill. Remember bringing your own keep cup, or choosing to dine in is the easiest way to avoid waste.

Keep Your Recycles Loose

Let's make sorting at home simple! Keep a separate bin handy for your recyclables like glass, plastics, newspapers, and cans. By having a dedicated container (or even a cardboard box) you can save time sorting and help reduce waste and pollution.

Choose to keep 'em loose and make recycling easy for all!

CULCAIRN PUBLIC SCHOOL NEWS

Culcairn Public School's Student Representative Council (SRC) held a Mufti Day on the last day of term, Friday 5 July, to support Albury/Wodonga Cancer Centre.

On the final Friday of Term 2, students were invited to support this worthy cause by leaving their uniforms at home, wearing mufti (ordinary clothing), and bringing a gold coin donation. All the money raised was donated to the cancer centre.

Students also enjoyed a hotdog and juice box lunch order arranged by the SRC. A great way to end a busy term.

A "Pause 4 Paws" visitor



Boots the dog and his owner Judy recently visited our school as part of the Responsible Pet Owner program. Students learned lots of valuable information on when and how to approach dogs. Pets can be a lot of fun, but they are also a big responsibility. They

need love, and care for their whole lives. Boots was very well behaved.

Multi Sports Day

By Audrey Gilmour-Sim (Year 4 Student)

Thursday was the best day of my life because I went to Albury and had a multi sports day with Ryan, Pippa and some other people from school. We went in Miss Mazzocchi's or Mr Kent's car. When we got there we did minigolf and volleyball. Then we ate some fruit. After fruit break we played wheelchair rugby, and cricket. After this we had recess.



After recess we played netball, rugby tag and golf. My favourite game was wheelchair rugby because we got to be in a wheelchair and meet new people. My least favourite game was golf because I kept missing the ball.

It was a great day because I got to meet other people from different schools and play lots of sports. I was definitely tired when I got back to school.

ST. JOSEPH'S PRIMARY SCHOOL



St Joseph's have been extremely fortunate to be a part of four of our student's sacramental journeys. Hannah, Milah, Harrie and Annabelle

undertook their First Reconciliation on Tuesday followed by their first Eucharist on Sunday. We celebrated with the parish as we marked this special occasion with families and friends.



We welcomed both the Henty Pre-school and the Culcairn Early Learning Centre to join us for some healthy eating and fun activities focussing on our fundamental movement skills.



This was led by our Years 5/6 leaders who are always great representatives of our school.

There is a buzz running through the school as we audition and start preparations for our School Production "The Jungle Book".

Children are very excited, all students have a role in this production to be performed in Term 3.

Transition to school for Kinder 2025 has started with our first Come & See morning. This will be followed with three half days in Term 3 and 8 full days in Term 4.

Our prospective Kinder 2025 are very excited to come to big school joining in the play based discovery with a focus on transition to school. St Joseph's participated in the National Simultaneous Storytime, featuring the story "Bowerbird Blues".

We are also half way through the Premier's Reading Challenge with 24 of our students already completing the challenge. Well done and keep up the reading.

We have had a very busy Term and are looking forward to Term 3.

BILLABONG HIGH SCHOOL—WE'RE BACK

Things have been very busy at Billabong High School over the past couple of years getting back into routines and the P&C getting back on its feet after the turmoil of the COVID years. The school has really flourished in the capable hands of relieving principal, Julie Bowen, to now be fully staffed with a fabulous team and a happy and engaged student body.



There have been some changes – the infrastructure program has seen a new car parking area that can be accessed from Munro St (the street to the east of the current Gordon St and the schools has some great new facilities in the agriculture department, and the yarning circle and mural that has become a focus for First Nations teaching and for First Nations students and their families. Wheelchair access to all buildings will be complete by the start of Term 3. New upgraded honour boards have been newly installed. You will have noticed the new uniforms that are warm in Winter and really promote 'Team Billabong'.

The P & C are really passionate about supporting the staff and students, keep up this fabulous momentum and really build community support for our school. How can you help?

- Follow Billabong High School Facebook page - Senior students have initiated a weekly "What's happening" video to get a quick snapshot. The monthly newsletter is also accessible from there.
- Support our students – come along to any open days, support Year 10 's who are looking for work placement opportunities in local communities in the next two terms,.
- Support fundraising for the school when it comes up – the P & C like to support new year 7's with a free school jumper, subsidizing excursions, support state and national reps in sport and the arts and with presentation night prizes – watch this space for opportunities to help out.

P & C meetings are set for the year with 8 meetings that go for an hour – winter months are online via teams, and we do face-to face meetings at the school during daylight saving. We are all working parents and realistic about people's time-poor lives – our fundraising needs are only modest and we are looking for ideas that are realistic and efficient.

The next meeting is Tuesday 6th August 7pm via teams and we will enjoy a presentation from the Student Representative Council (SRC) who are leading great things from the school. Everyone is Welcome!

BILLABONG HIGH SCHOOL HONOUR BOARD							
YEAR	CAPTAINS	VICE CAPTAINS	DUX	YEAR	CAPTAINS	VICE CAPTAINS	PREFECTS
2023	2022

BILLABONG HIGH SCHOOL HONOUR BOARD							
YEAR	CAPTAINS	VICE CAPTAINS	DUX	YEAR	CAPTAINS	VICE CAPTAINS	PREFECTS
2022	2021

WE HAVE ALL YOUR REAL ESTATE NEEDS COVERED

EXPERIENCE, DEDICATION, **RESULTS**



DAVID GITTOES
Rural Real Estate
Manager
0409 362 722



ANDREW KANE
Real Estate
Specialist
0412 620 799



REG COULSTON
Real Estate
Consultant
0418 118 207



NOEL FURZE
Rural Sales
Support Officer
02 6021 3355



EWEN SCHOLZ
Elders Holbrook
Residential/
Lifestyle Sales
0428 293 817



KELLY BOERS
Elders Holbrook
Property
Management
0400 356 703



Albury Corporate
Rural & Rural Lifestyle Real Estate

297 Schubach Street, Albury • 02 6021 3355
138 Albury Street, Holbrook • 02 6052 2000

02 6021 3355



Plumbers, Drainers & Gasfitters | Bobcats, Excavators & Tippers
Farm Water Supply - Reticulation, Troughs, Tanks & Solar Pumps
Septic Systems | Septic & Trade Waste Pumping
Sand & Gravel Cartage | Water Cart | Grader Hire

If you want to dig it, pipe it, pump it or fix it – we can do it!

M: 0403 191 780 | www.blueysplumbin.com.au | NSW Lic #210558C



Henty Physiotherapy

Treating:

- | | |
|------------------|-------------------|
| Paediatrics | Women's Health |
| Lymphoedema | Sporting injuries |
| Muscle injuries | Joint pain |
| Continance | Hand therapy |
| Falls prevention | Rehabilitation |
| NDIS clients | Vestibular |

Hydrotherapy & dry needling available

**Late afternoon appointments available
Twice weekly in Culcairn
Ph Claire: 0424721648
www.hentyphysio.com.au**

BITI MOTORS

BALFOUR ST, CULCAIRN

**Test driving the Ford Everest, the Next
Gen going to a new level**



NOW THE AUTHORISED FORD DEALER FOR THE AREA
COVERING THE COUNCILS OF GREATER HUME &
PARTS OF FEDERATION AND LOCKART SHIRES
"our best price includes customer service"

Phone (02) 60298279

www.bitimotors.com.au



- Plumbing & gas fitting
- Maintenance plumbing
- Hot water installations
- New homes & renovations
- Blocked drains

Call Dennis 0448 123 446

Servicing Greater Hume and surrounds

**DIGITAL
ANTENNAS
FULLY
INSTALLED
FROM \$280**



**SERVICING
CULCAIRN
AND
SURROUNDS**

Specialising in digital reception, Extra TV
points, Satellite and VAST installations.

Ben Nye 0422 374 930

email: ben@pdiantennas.com.au

www.pdiantennas.com.au

Free TECHNOLOGY Classes

Culcairn Library

WEDNESDAYS

2:00PM



BOOKING ESSENTIAL

Phone 6036 0100

CS CULCAIRN SUPPLIES

◻ INDUSTRIAL ◻ HARDWARE

◻ LUBRICANTS ◻ GARDEN

☎ 0473 800 544

SHED 2, 12 BAIRD STREET, CULCAIRN NSW 2660

SPRING OPENING HOURS

FOLLOW US ON FACE BOOK

Mon – Call 0473 800 544 Tues - 9am - 1pm

Wed - 9am - 1pm Thurs - Call 0473 800 544

Frid - 9am - 1pm Sat & Sun- 9am - 1pm

If we don't stock it, we'll try and get it!

FIREWOOD, CRUSHER DUST, GRAVEL, TOPSOIL, VEG MIX, MULCH, STRAW, SAND, CEMENT, RAPID SET CONCRETE, STEEL, MESH, TIMBER, PLYWOOD, PVC, POOLSALT, POOL CHLORINE, HORSE, CHAFF, CHOOK, DOG AND CAT FEED, HEAVY DUTY SHELVING, CHAINSAW SHARPENING, TRAILER PARTS AND MORE!!

12TONNE TIPPER TRUCK OR 8 X5 TIPPER TRAILER DELIVERY AVAILABLE



GODDE'S GRAIN & FERTILISER

CULCAIRN

15 Reapers Road, Culcairn NSW 2660

02 6029 8332

www.goddesgrainandfertiliser.com.au

GRAIN – FERTILISER - FREIGHT

Contact us for all your Grain & Fertiliser requirements

Bulk Haulage – Lime & Gypsum – Grain Storage & Handling – Fertiliser Sales & delivery available

Office - 02 6029 8332